



Good Faith Estimate

In compliance with the No Surprises Act, effective January 1, 2022, all healthcare providers are required to notify all healthcare consumers of their Federal rights and protections against “surprise billing.”

This Act requires that healthcare providers give notice to uninsured and self-pay clients when you are scheduled to receive services by a non-participating provider and offer options to receive care from an in-network provider if one is available.

Jubilee Counseling and Wellness, LLC is not currently in-network with any insurance providers. This means that Jubilee Counseling and Wellness, LLC does not have a contract agreement with any insurance companies for payment of services. Clients who have health insurance and who consent to receive services from Jubilee Counseling and Wellness, LLC do so with the acknowledgment that they are responsible for covering the full cost of those services.

As part of the No Surprises Act, healthcare providers are also required to provide you with a Good Faith Estimate of the cost of services for the duration of treatment. It is difficult to determine the true length of treatment for mental health care, but I will provide an estimate based on a common length of treatment. It is important to note that **this estimate is not a bill or contract**, but simply an attempt to prevent surprise billing. Your total cost may be more or less than this estimate indicates depending on a number of factors, including, but not limited to: client availability, clinician availability, the nature of the presenting concern(s), ongoing or unexpected challenges, annual review and raising of fees, etc. Clients may request an updated Good Faith Estimate at any time. Changes may be made to this estimate as more information is gathered, and any necessary adjustments are made to therapy goals and treatment plans.

I will also provide a list of fees that may incur throughout your care at Jubilee Counseling and Wellness, LLC that are in addition to direct counseling services and fees. This document will be updated as services are added. Additional fees may occur due to the following (not an exhaustive list):

Initial Assessment - \$175
Individual Therapy - \$150
Cancellation/No show fee - \$150